

WATER IN SCHOOLS



FAST FACTS

- 47% of high schoolers indicated in the Dane County Youth Assessment that they drank a sugary beverage at least 1-3 times in the last week.
- Fewer than one-third of children and teens drink enough water every day.
- A recent study found when schools provided free water by a non-fountain source, the percentage of students who drank the water doubled.

Our kids **HIGHLY** value our earth's resources ... A filling station maximizes efficiency of water usage!
-MMSD Staff Member

WHY IT MATTERS

- Increasing water consumption is a way to fight obesity as a replacement for sugary beverages and establish healthy eating habits earlier in life.
- Providing free, clean drinking water at school is a key way to encourage kids to drink more water.
- The Healthy Kids' Got Water? partnership has installed over 25 filling stations in MMSD schools and enabled over 12,000 students and staff to more easily drink cold, filtered water throughout the school day.



WHAT CAN I DO?

- Talk to MMSD School Board members about your support for improving water access in schools and ask their support for the Water Access Policy on May 23.
- Talk to your children—there are opportunities for youth to raise their voices too!
- Join us for an Evening of Action on Wednesday, April 27 from 7-8 pm via [Zoom](#).
 - Learn more about the MMSD Water Access Policy
 - Hear from MMSD students about why they think water is important!
 - Learn how to talk to school board members about an issue.

